GK+2V2+GK WITH 2 OFFENSIVE JOKERS

RAFEL POL TRAINING METHODOLOGY\IST FC BARCELONA 2014/15: EXERCISES “BLUE DAY”

Exercise created by Pedro Mendonça for TacticalPedia (www.tacticalpedia.com)

Exercise #6 – “Keeper+2 v 2+Keeper with 2 Attacking External Jokers”:

Description:

Game situation Keeper+2 v 2+Keeper with 2 External Attacking Jokers. In a rectangular space to shorten the distance between the goals as well as to have the space to allow the External Jokers to make crosses in the air.

Objectives:

- Situations to create shots on goal;

- 1v1 situations;

- Open the game wide and look for a shot.

Thoughts:

Double the points if the goal comes from a wide cross to create a game edge by playing wide.