



# ONE-TOUCH PASSING MOVE DRILL II



## OBJECTIVE:

Develop support play, passing and movement.

## ORGANIZATION:

Execute this technique into a 30m square area. Divide this area into two zones of 15m with a diamond shape formation in each zone. A player on each of the 4 corners of the formations. The exercise takes place simultaneous on the 2 zones.

## DESCRIPTION:

The aim is to complete the drill with precise 1-touch passing putting together a move that will help players to find space from their marker and create an effective attack. Player 9 pass to 11/7 who makes a oriented reception and pass to 8. 8 returns the ball to 11/7 that passes to 7/11. 7/11 pass to 8 and receive the ball up front. It's very important to move the ball around quickly and for each players body shape to be correctly positioned to deliver precise passing.

## KEY POINTS:

- Accurate passing.
- Technical quality.
- No interruptions.