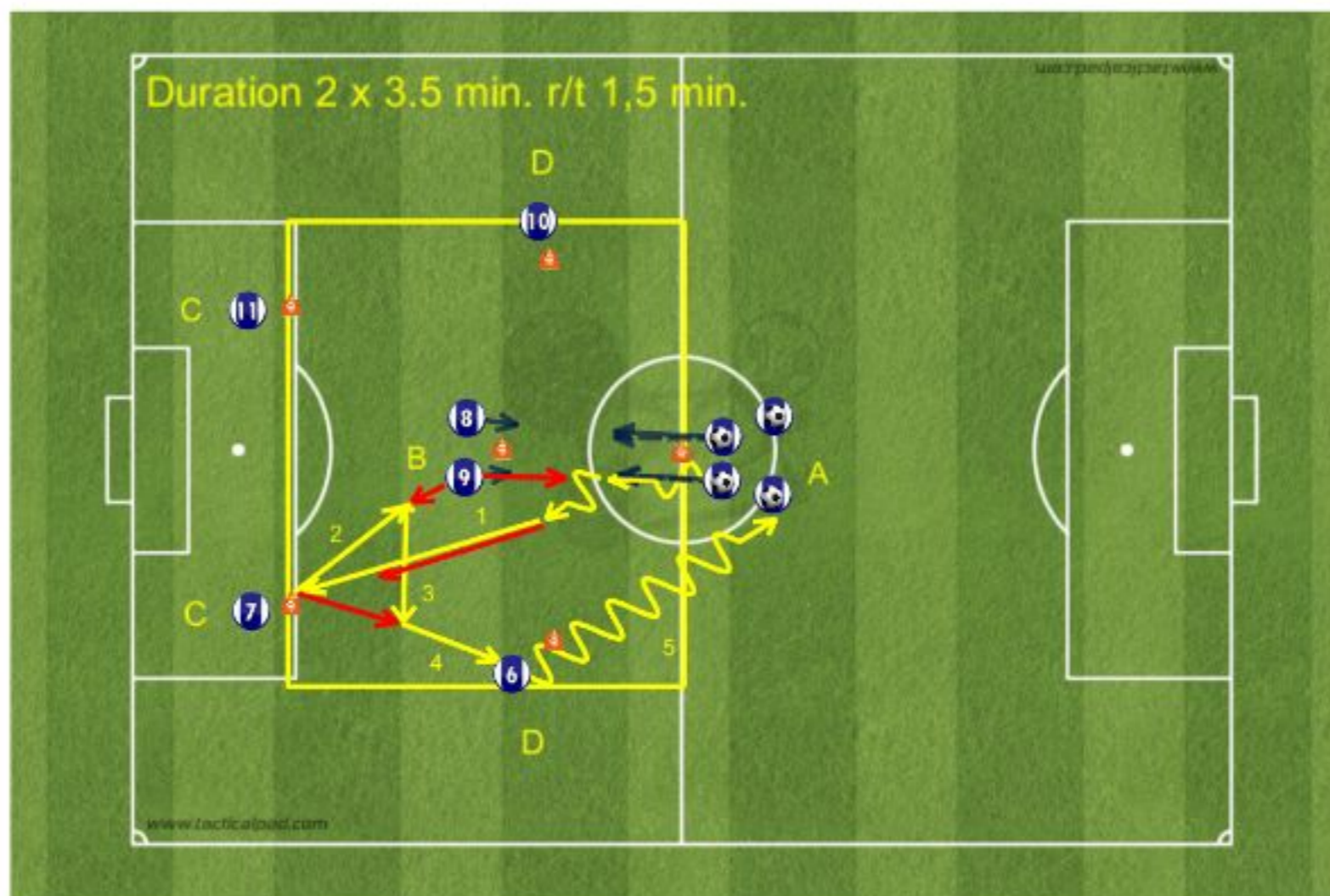


# INTENSIVE WARM UP PASSING



Set up: Pitch 45x35m; balls, cones ...

Organization: The player from the position A dribble semi-active opponents from the position B and passes the ball to the player on the position C and approached him as an opponent. Player C play wall pass with the player B and play pass to the player C who take a ball to the position A.

Progressions: The active player in position B; The active player in position A; Active both players;

Coaching points: - pressing on player with ball  
- Movement  
- Timing  
- support  
- quality of dribbling skills