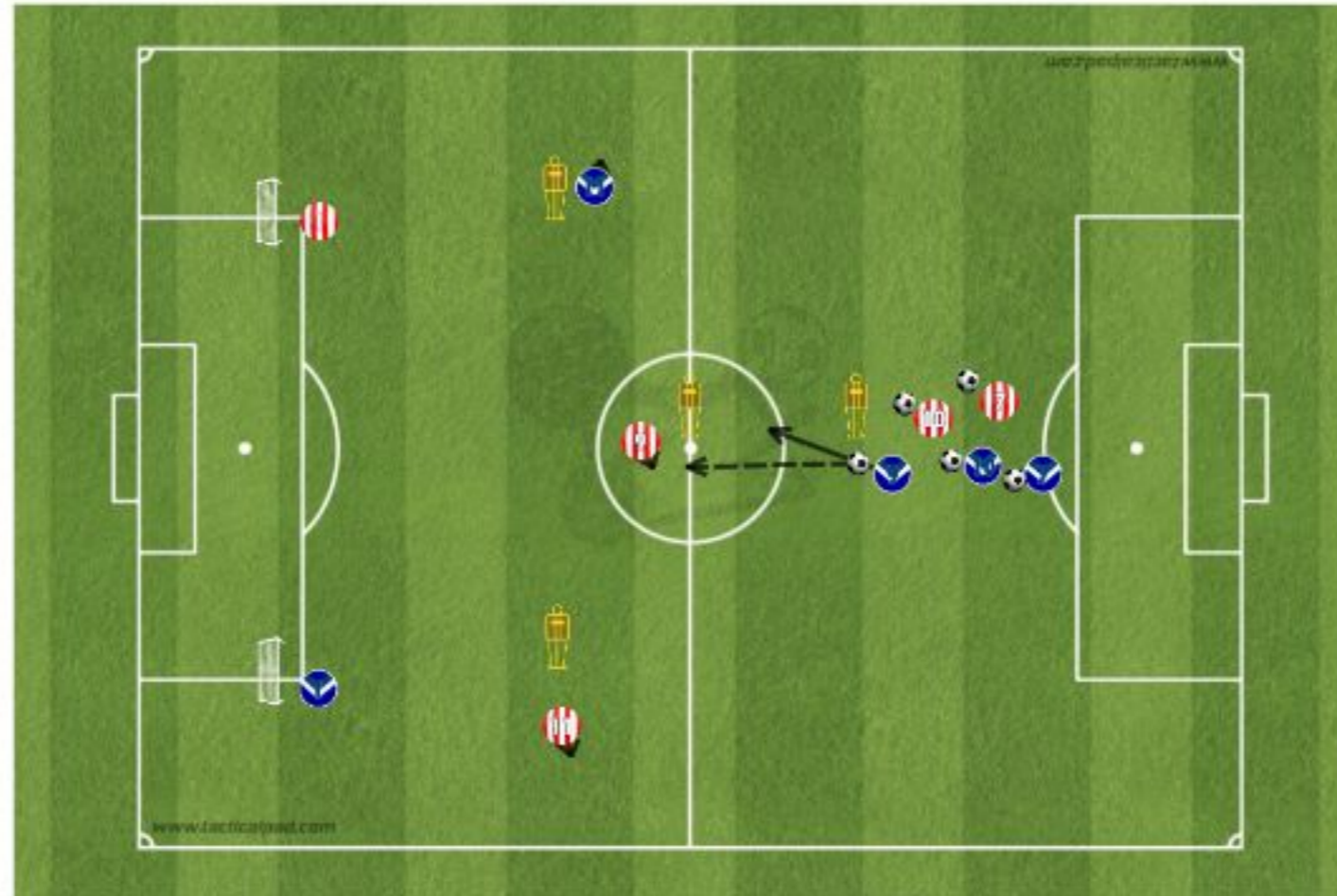




FINISHING IN Y FORM



Set up ... Half of pitch, balls, cones ...

Instructions: ... Finishing and Y-form, players follow the lines and adding a line of movement in the Y shape and end action at goal

Coaching Points: ... Development of stereotypes cooperation in the finale, precision and quality selection techniques impact.

Duration: 15 min.