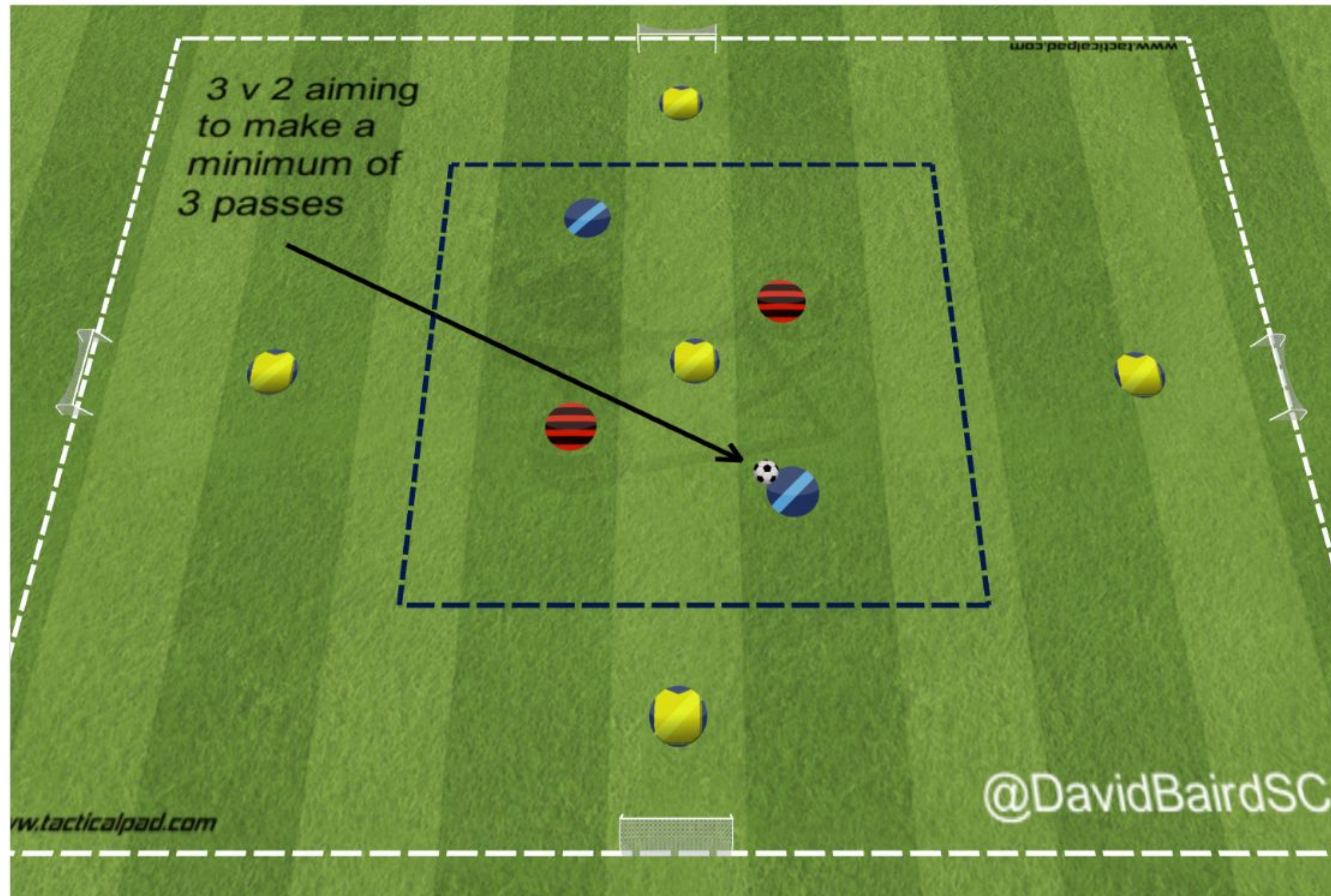


SQUARE TRANSITION



2v2 with a player who plays for the team in possession meaning 3v2 in the middle square.

The aim of this breakout game is for the players around the outside to be ready and react quickly when the ball is played. If you are on the side and don't get the ball you need to transition quickly to close space so the now 4 attackers can't quickly play through the lines and go to goal.

Rotation = can rotate the 4 on the outside with the 2v2 players in the middle and keep the middle roaming player in then for as long as you want to work 1 of your players who need to be challenged and work well as a possession player.