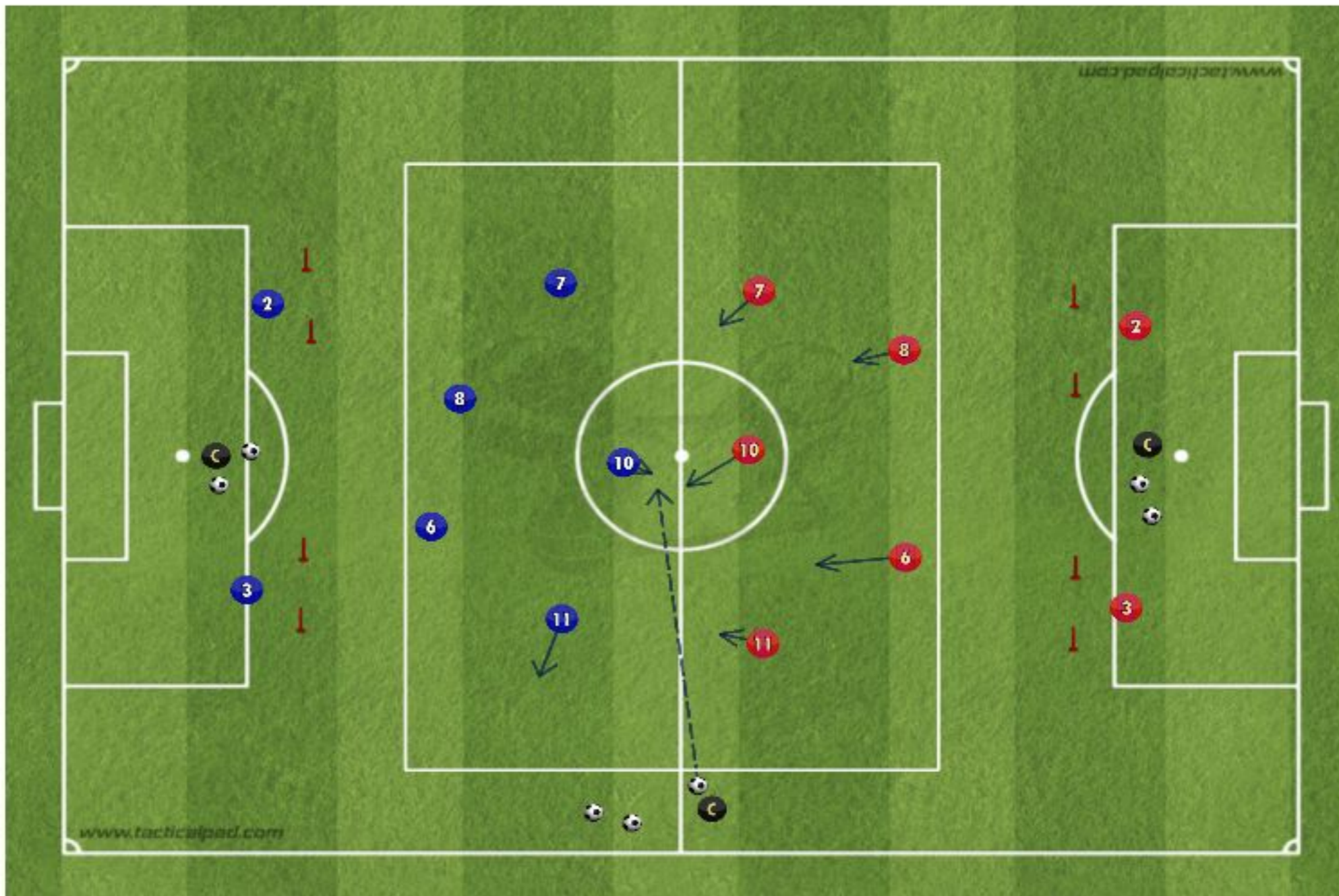


FORWARD 2



This drill is a progression that simulates more a game a situation. The 2 targets on both sides of the field help players to tactically adjust their roles. The midfeilders build up, deliver the ball to the next zone and finish by making a successfull pass to the defenders of opponents at one gate. Then a transition takes place. Where the pass is made, the build up takes place accordingly.