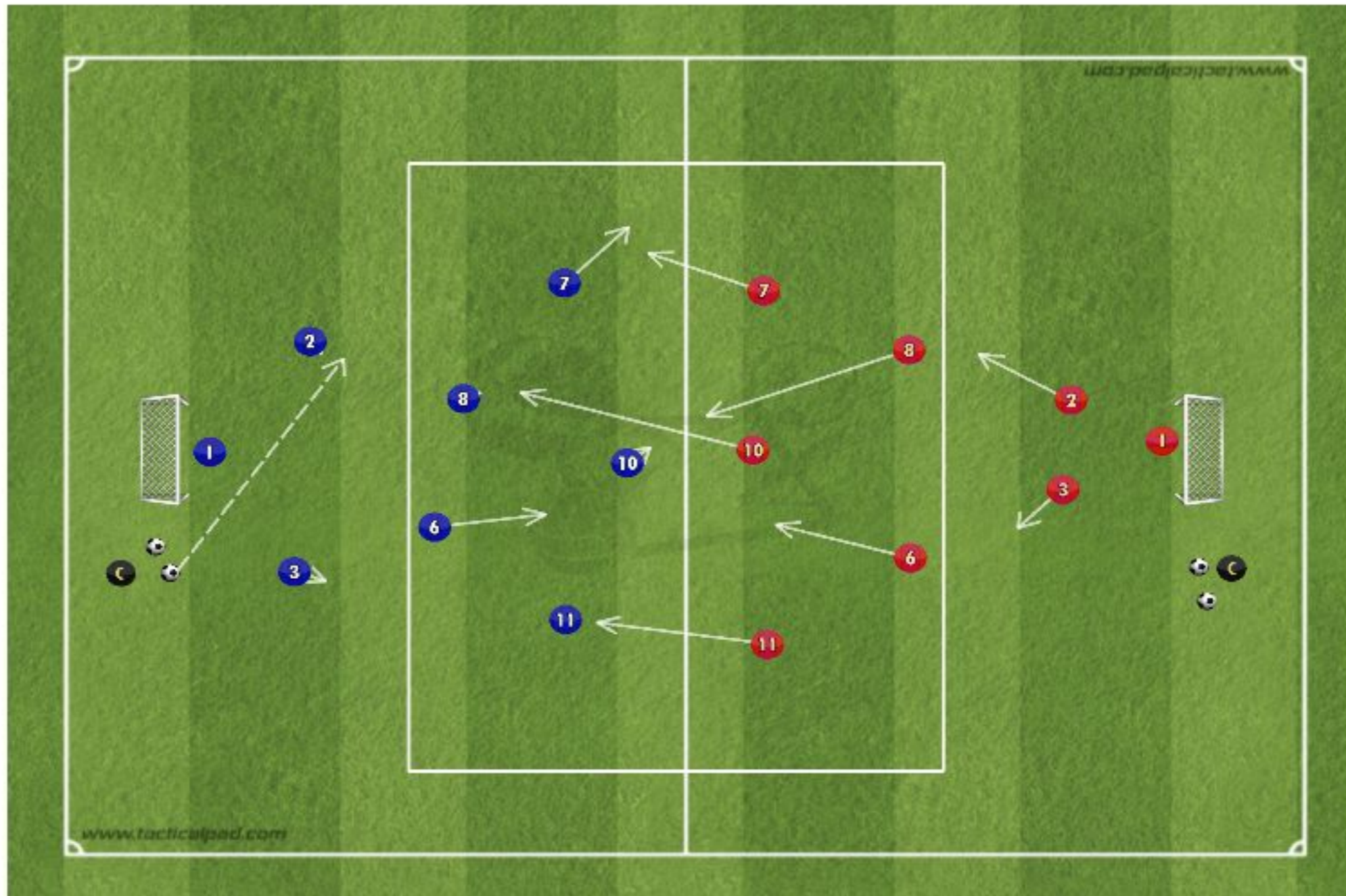


FORWARDS 3



After the players have successfully understood and applied their roles in the last 2 drills, they now qualify to a small sided game that is more game like drill. 2 goals with 2 goals keepers, 2 defenders, 5 midfield players, they possess, then finish. The coach behind the goal line passes again to the team in possession so they start another attack with other 2 midfielders of the team in defense trying to stop them... Transition starts with the team in possession now having to go back behind the line before being allowed to press high.